



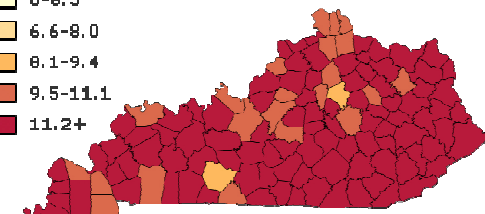
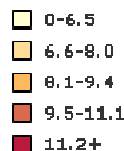
**CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR PUBLIC HEALTH**

Steven L. Beshear
Governor

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Audrey Tayse Haynes
Secretary

2010 Diagnosed Diabetes Percentages in Kentucky
(Retrieved August 20, 2013 - CDC Diabetes Atlas)



<http://www.cdc.gov/diabetes/atlas/countydata/atlas.html>

Dear Diabetes Provider:

In 2010, **96 of Kentucky's 120 counties** had rates of diagnosed diabetes at **11.2% or above** — ranking these counties in the top 20% of the nation!

We need your help to reverse these devastating diabetes trends.

The National Diabetes Prevention Program (DPP) is an evidence-based program proven to reduce rates of type 2 diabetes by 58% in people at high risk for diabetes!

Kentucky is one of eight states to have received a grant from the Centers for Disease Control and Prevention (CDC), via the National Association of Chronic Disease Directors (NACDD), to promote awareness and treatment of prediabetes and the Diabetes Prevention Program (DPP) in Kentucky. The Kentucky Department for Public Health's Diabetes Prevention and Control Program is administering the grant and has assembled a steering committee to guide the process. On behalf of the Kentucky Diabetes Prevention Program Steering Committee, we are pleased to offer you "this toolkit" for use in efforts to integrate and promote prediabetes and the DPP in your practice and community.

What can you as a provider do?

- Test for prediabetes and refer eligible ** patients to a CDC recognized DPP lifestyle change program in your area.
- Assign someone in your office to facilitate enrollment in a local CDC recognized DPP lifestyle change program.
- Raise awareness about prediabetes and the National Diabetes Prevention Program among your colleagues and in your community.

This toolkit will assist you in preventing type 2 diabetes in your high risk patients and includes:

- KY cover letter
- CDC's DPP Provider Flyer (*with local KY DPP sites listed on backside*)
- CDC's National Diabetes Prevention Program Flyer
- Prediabetes Screening and Treatment Algorithm
- Referral Form with KY CDC Recognized Diabetes Prevention Program sites
- Prediabetes : What You Need to Know (*Patient Teaching Tool*)
- Prediabetes CME Flyer (*3 FREE CME's available*)

For more information about the National Diabetes Prevention Program, visit their website at: www.cdc.gov/diabetes/prevention. If you have questions regarding Kentucky's efforts, please contact Theresa Renn at theresa.renn@ky.gov or Janice Haile at janice.haile@ky.gov. Thank you for all you do for those with and at risk for diabetes in your community.

Sincerely,

Theresa A. Renn, RN, CDE
Manager, Kentucky Diabetes Prevention and Control Program

** Eligibility includes: 18 years of age or over (*non-pregnant*); BMI greater than or equal to 24 (*or 22 if Asian*); diagnosis of prediabetes; previous GDM (*may be self reported*)

The steering committee includes sites which are currently offering the DPP program in KY (the YMCA of Greater Louisville, the YMCA of Central Kentucky, and the YMCA of Greater Cincinnati), local health departments in Y-DPP regions (the Louisville Metro Department of Health and Wellness, the Lexington-Fayette County Health Department, the Northern Kentucky Independent District Health Department), the Kentucky Department for Public Health's Worksite Wellness Program, the Kentucky Personnel Cabinet, and the American Association of Diabetes Educators (AADE) KY DPP sites. Other stakeholders will continue to be added as implementation of the grant continues.